



ESPH, East Dulwich classes for non-members

Item	Comment	Fee
Any class	Studio 1 or 2	£12
Any class (block of 10)	Studio 1 or 2	£99
Pilates class	Pilates studio	£32
Pilates class (block of 10)	Pilates studio	£259
Weight management Club*	10 week course	£299

* Includes initial consultation with dietician, plus weekly group meeting and 3 exercise sessions per week for 10 weeks. £149 for members.